

FEMALE OVERALL RANKINGS 2026 (top 25)

01/01/2026 - 31/07/2026

Ranking	Full Name	Age	B/W Category	Total (kg)	Sinclair	Date of Lift
1	Catrin HAF JONES	Senior	W58	192	267.93	16th May
2	Laura HUGHES	Senior	W77	224	264.19	29th July
3	Charlotte WHALLEY	Under 23	W63	190	250.51	22nd February
4	Bethan WATKINS	Senior	W63	190	250.12	21st April
5	Catrin ANN JONES	Senior	W58	178	247.44	19th April
6	Madaline CONNELLY	Under 23	W53	167	246.47	19th April
7	Nikole ROBERTS	Under 23	W48	154	245.35	26th July
8	Nicola STIDDARD	Senior	W86	210	242.72	22nd February
9	Chloe HOOD	Senior	W69	190	237.48	22nd February
10	Jessica WHEELER	Senior	W69	189	235.56	27th June
11	Jo MCEWAN	Masters	W69	186	231.82	22nd February
12	Isla TRAVERS	Under 20	W77	185	223.25	11th April
13	Meg GWYTHYR	Under 20	W69	172	221.40	14th June
14	Janine DOVEY	Senior	W63	164	216.55	21st March
15	Bethan HARRY	Under 17	W53	145	216.38	21st February
16	Chase CLARK	Senior	W77	171	212.12	1st March
17	Nyarai HECTOR	Under 20	W77	170	209.75	17th May
18	Leah COOPER	Senior	W63	157	208.55	22nd February
19	Esther GIMBLETT	Senior	W53	134	208.36	13th June
20	Dannii BETHELL	Senior	W77	170	205.36	1st March
21	Millie LERWILL	Under 23	W58	146	204.78	16th May
22	Sophie LORIMER	Senior	W63	153	202.53	13th June
23	Emily PENSON	Senior	W69	153	197.40	1st March
24	Niamh COLLINS	Senior	W86	172	196.37	17th May
25	Penny PEARSON	Masters	W77	165	195.95	14th June