WEIGHTLIFTING WALES
CODI PWYSAU CYMRU

# MALE OVERALL RANKINGS 2026 (top 25)

01/01/2026 - 31/07/2026

| Ranking | Full Name | Age | B/W Category | Total (kg) | Sinclair | Date of Lift |
|---|---|---|---|---|---|---|
| 1 | **Michael FARMER** | Senior | M71 | 281 | **386.66** | 21st April |
| 2 | **James WALES** | Senior | M110+ | 340 | **369.87** | 27th May |
| 3 | **Thomas DUGGAN** | Under 17 | M60 | 220 | **344.89** | 27th June |
| 4 | **Llewellyn WAITS** | Under 20 | M65 | 231 | **342.92** | 27th June |
| 5 | **Ollie EBENEZER** | Senior | M88 | 278 | **342.55** | 22nd February |
| 6 | **Garin BEAMS** | Senior | M65 | 228 | **332.40** | 16th May |
| 7 | **Noah ELLSON** | Under 20 | M60 | 210 | **327.62** | 16th May |
| 8 | **Timothy WILLIAMS** | Senior | M88 | 267 | **326.68** | 5th April |
| 9 | **Harry NELMS** | Senior | M110 | 283 | **320.87** | 29th March |
| 10 | **Luke FLETCHER** | Under 20 | M94 | 268 | **319.27** | 21st February |
| 11 | **Louis WESTON** | Senior | M110+ | 300 | **316.73** | 29th March |
| 12 | **Edward GIBSON** | Under 23 | M88 | 255 | **316.70** | 11th April |
| 13 | **Liam RODGERS** | Senior | M110+ | 293 | **314.04** | 1st March |
| 14 | **Daniel DAVIES** | Under 23 | M88 | 254 | **313.63** | 14th June |
| 15 | **Luke THOMPSON** | Senior | M79 | 243 | **313.50** | 13th June |
| 16 | **Leon BRADY** | Senior | M110 | 260 | **303.71** | 1st March |
| 17 | **Lewis THOMAS** | Senior | M94 | 250 | **303.45** | 22nd February |
| 18 | **Cian GREEN** | Under 23 | M88 | 235 | **297.35** | 14th June |
| 19 | **Joshua SMITH** | Under 23 | M94 | 250 | **297.15** | 25th July |
| 20 | **Benjamin SIMMONS** | Senior | M88 | 237 | **295.82** | 22nd February |
| 21 | **Jac GREEN** | Under 17 | M88 | 228 | **288.59** | 14th June |
| 22 | **Charles TEMPEST** | Under 23 | M94 | 241 | **286.59** | 21st February |
| 23 | **Josiah KWOK** | Senior | M94 | 240 | **283.15** | 14th June |
| 24 | **Jonathan DAVIES** | Under 23 | M94 | 235 | **279.73** | 12th April |
| 25 | **Henry NEWTON** | Under 23 | M71 | 200 | **275.72** | 1st March |