

Wales Weightlifting Federation CIC **08704264**
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LL57 2EH

Weightlifting Wales Notice of the 2026 Annual General Meeting

The 2026 Annual General Meeting will be held virtually on **Wednesday 11th November 2026** at 5.30pm via Zoom. Meeting details are below:

Topic: Weightlifting Wales Annual General Meeting 2026

Time: November 11th, 2026 17:30 PM BST

Join Zoom Meeting

In order to join the AGM, you must complete the registration form to confirm your attendance. Link to registration form below:

[Register for attendance at the 2026 WW Annual General Meeting](#)

Details with a link to join and/or meeting ID/passcode will be sent out to nearer the time to members who complete the registration form and declare their attendance.

Only Weightlifting Wales members with a valid membership will be able to attend and must login using the email account registered to their membership, so that Weightlifting can verify who is attending. If any members need their email address details updating, they need to contact the Business Support Officer (admin@weightlifting.wales) as soon as possible.

All members have the right to nominate a proxy to vote, attend, and speak on their behalf at an Annual General Meeting if they are unable to attend the meeting themselves. Information about how to nominate a proxy is detailed in the Guidance Notes, accompanying this notice. The deadline to nominate a proxy will be **Monday 9th November**.

Members may be asked to consider and to vote on ordinary or special resolutions, as well as any questions they may have about anything discussed through the meeting. Voting will be held by a show of hands during the AGM, however for those unable to attend the meeting, there are alternative ways to vote, details in the Guidance Notes on the following page.

An agenda will be circulated along with any other relevant documentation for the AGM by no later than **Wednesday 21st October**.

Please see the AGM Guidance Notes for more details below.

Annual General Meeting Guidance Notes



Voting

Any motions or elections to be voted will be conducted by a show of hands during the AGM.

Members unable to attend the meeting have two options to vote:

Option1

Members may submit an early vote via Election Runner. This will open on **21st October till 9th November**. Members wishing to vote in this way must send an email to Weightlifting Wales explaining that they wish to do so, and Weightlifting Wales will then provide the link. Please email office@weightlifting.wales to arrange this process.

Should the member be able to attend the AGM after voting via Election Runner, they will not participate in the AGM show of hands vote, as their vote cannot be discounted in Election Runner.

Votes received via Election Runner will be added to the AGM votes by the Chair of the meeting. An early vote may be submitted up until **6pm on Monday 9th November 2026**.

Option 2

Members may nominate a proxy to vote on their behalf during the AGM. Anyone may be nominated to be a proxy. Nominations for proxies will close at **6pm on Monday 9th November 2026**.

If you nominate a proxy to vote on your behalf, and you find you can attend the meeting and vote yourself, you can notify Weightlifting Wales and your proxy nomination will be cancelled, you can then participate in the vote during the AGM.

Nominating a Proxy

To nominate a proxy to attend, vote or speak on your behalf during the AGM, a proxy form must be completed, and signed by the member (electronically or by hand), and sent to Weightlifting Wales via email to office@weightlifting.wales.

A Proxy may be submitted up until **6pm on Monday 9th November 2026**.

Submitting Motions

Members must submit any motions for the AGM via email to: office@weightlifting.wales. You must detail your membership number, name and contact information within this communication.

Attending the Annual General Meeting

Members must sign into the meeting using the email address linked to their membership account, so that Weightlifting Wales are able to verify those attending.

Members will be asked to keep their cameras on and their microphones off during the meeting unless they request to speak, in which case they may raise their hand physically or using the 'Raise hand' icon on Zoom.