

Welsh Age Group Championships 2026 - Pembrokeshire Sports Village, Haverfordwest

Saturday 21st February (Groups 1 - 6)

Group 1 - Welsh Age Group Championships (Girls Under 12's - Under 15's W40-W58)

Group 1 - Welsh Age Group Championships (Girls Under 12's - Under 15's W40-W58)				Announced Total	Bodyweight Category (kg)	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
Age Group	NAME	Club	1			2	3	1	2	3	SN	JERK				
Under 12's	Daisy	DAVIES	<i>Guardian 6 Weightlifting</i>	20 kg	N/A (under 12's)	20	23	25	27	30	-33	25	30	55		
						3	2	2	5	6	2			95		5
Under 12's	Aoife	SEMPLE	<i>SSC Weightlifting</i>	55 kg	N/A (under 12's)	27	30	31	37	39	41	31	41	72		
						4	4	4	7	7	7			138		3
Under 12's	Hattie	LAWTON-JONES	<i>Liftology Weightlifting</i>	60 kg	N/A (under 12's)	27	29	31	38	40	42	31	42	73		
						3	3	3	6	7	7			131		4
Under 12's	Zuzanna	TROJAKOVA	<i>Llanelli Weightlifting Academy</i>	80 kg	N/A (under 12's)	37	39	41	47	49	49	41	49	90		
						4	4	4	5	8	8			156		2
Under 12's	Harper	THOMAS	<i>SSC Weightlifting</i>	84 kg	N/A (under 12's)	41	43	45	46	-49	49	45	49	94		
						3	4	4	8	4	8			156		1
Under 15's	Isabella	PHILLIPS	<i>Strength Academy Wales (SAW)</i>	27 kg	W44	14	16	18	16	18	-20	18	18	36	62.90	1
Under 15's	Rosie	RICHARDS	<i>SSC Weightlifting</i>	30 kg	W40	23	25	27	31	-33	33	27	33	60	128.53	1
Under 15's	Lily	ROACH	<i>Strength Academy Wales (SAW)</i>	39 kg	W40	16	18	-20	21	23	25	18	25	43	94.36	2
Under 15's	Ava	PLACE	<i>Evolve Weightlifting Club</i>	63 kg	W58	24	26	28	34	36	38	28	38	66	95.77	3
Under 15's	Arianwen	WILLIAMS	<i>Llanelli Weightlifting Academy</i>	88 kg	W58	-35	35	37	-48	49	53	37	53	90	129.16	2
Under 15's	Macey	WILLIAMS	<i>SSC Weightlifting</i>	90 kg	W58	46	-48	48	58	60	-62	48	60	108	153.63	1

Group 2 - Welsh Age Group Championships (Boys Under 12's - Under 15's M52 - M88+)

Group 2 - Welsh Age Group Championships (Boys Under 12's - Under 15's M52 - M88+)				Announced Total	Bodyweight Category (kg)	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
Age Group	NAME		Club			1	2	3	1	2	3	SN	JERK			
Under 12's	Zachary	CHENNELLS	<i>Evolve Weightlifting Club</i>	56 kg	N/A (under 12's)	20	22	25	30	33	33	25	30	55		
						4	4	4	8	3	4			109		1
Under 15's	Joel	DAVIES	<i>Guardian 6 Weightlifting</i>	40 kg	M52	18	21	22	23	25	27	21	25	46	79.19	3
Under 15's	Casey	MCKEE	<i>Strength Academy Wales (SAW)</i>	55 kg	M52	25	27	30	36	39	41	30	41	71	126.65	2
Under 15's	Zach	JONES	<i>New Wave Weightlifting</i>	74 kg	M52	28	31	33	42	45	46	31	46	77	142.97	1
Under 15's	Trystan	MILES	<i>Strength Academy Wales (SAW)</i>	60 kg	M56	25	27	30	30	33	36	30	36	66	108.20	2
Under 15's	Charlie	ELLIS-PERRY	<i>Diamond Weightlifting</i>	123 kg	M56	54	56	58	64	66	68	58	68	126	204.24	1
Under 15's	Zach	JOHN	<i>Strength Academy Wales (SAW)</i>	91 kg	M60	38	41	43	54	57	60	43	60	103	160.35	1
Under 15's	George	BANCROFT	<i>Guardian 6 Weightlifting</i>	40 kg	M65	20	23	23	23	25	25	23	25	48	69.80	2
Under 15's	Lucas	PHILLIPS	<i>Strength Academy Wales (SAW)</i>	94 kg	M65	40	43	45	53	56	58	45	58	103	151.89	1
Under 15's	Theo	HALE	<i>Guardian 6 Weightlifting</i>	40 kg	M88	40	40	45	48	51	51	40	48	88	112.03	1
Under 15's	Jac	ESEN	<i>Llanelli Weightlifting Academy</i>	175 kg	M88+	80	84	87	106	110	114	87	110	197	217.69	1

Group 3 - Welsh Age Group Championships (Girls Under 15's W63-W69+)

Group 3 - Welsh Age Group Championships (Girls Under 15's W63-W69+)				Announced Total	Bodyweight Category (kg)	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
Age Group	NAME		Club			1	2	3	1	2	3	SN	JERK			
Under 15's	Lucy	SUMMERFIELD	Llanelli Weightlifting Academy	87 kg	W63	38	40	43	49	52	55	43	55	98	134.92	2
Under 15's	Ava-Grace	MORGAN	SSC Weightlifting	99 kg	W63	40	-43	44	55	58	-60	44	58	102	134.16	1
Under 15's	Anni	WILLIAMS	Evolve Weightlifting Club	92 kg	W69	32	35	38	-50	50	-53	38	50	88	117.43	2
Under 15's	Poppy	JAMES	Evolve Weightlifting Club	117 kg	W69	47	50	53	62	66	70	53	70	123	153.67	1
Under 15's	Broghan	DAVIES	SSC Weightlifting	80 kg	W69+	36	38	40	46	49	51	40	51	91	112.28	2
Under 15's	Esmee	WILLIAMS	New Wave Weightlifting	97 kg	W69+	42	44	-46	52	55	58	44	58	102	120.87	1
Under 15's	Addison	WAY	SSC Weightlifting	125 kg	W69+	-55	-55	-55	65	68	-70	-55	68	X	#VALUE!	

Group 4 - Welsh Age Group Championships (Boys Under 17's - Under 20's)

Group 4 - Welsh Age Group Championships (Boys Under 17's - Under 20's)				Announced Total	Bodyweight Category (kg)	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
Age Group	NAME		Club			1	2	3	1	2	3	SN	JERK			
Under 17's	Sion	COLEMAN	<i>Evolve Weightlifting Club</i>	154 kg	M60	61	64	67	-84	-87	87	67	87	154	243.63	2
Under 17's	Thomas	DUGGAN	<i>SSC Weightlifting</i>	198 kg	M60	88	-91	-92	108	-113	-113	88	108	196	311.30	1
Under 17's	Mascen	LLEWELLYN-OWEN	<i>Llanelli Weightlifting Academy</i>	110 kg	M65	-55	-55	-55	81	84	-87	-55	84	X	#VALUE!	
Under 17's	Iwan	PEMBERTON	<i>Diamond Weightlifting</i>	153 kg	M71	67	70	73	92	96	100	73	100	173	241.97	1
Under 17's	Harri	JERMIN-JONES	<i>Llanelli Weightlifting Academy</i>	125 kg	M79	-54	54	57	68	71	-74	57	71	128	168.95	1
Under 17's	Marley	TILLEY	<i>Strength Academy Wales (SAW)</i>	105 kg	M88	36	39	-41	55	58	61	39	61	100	126.91	1
Under 20's	Noah	ELLSON	<i>Holyhead and Anglesey Weightlifting Fitness Centre (HAWFC)</i>	197 kg	M60	84	87	90	109	113	116	90	116	206	318.10	1
Under 20's	Llewellyn	WAITS	<i>Unattached</i>	216 kg	M65	98	100	-102	122	126	-130	100	126	226	337.78	1
Under 20's	Trystan	THOMPSON	<i>Unattached</i>	160 kg	M79	72	-75	76	90	95	100	76	100	176	230.44	1

Group 5 - Welsh Age Group Championships (Girls Under 17's - Under 23's W53-W77+)

Group 5 - Welsh Age Group Championships (Girls Under 17's - Under 23's W53-W77+)				Announced Total	Bodyweight Category (kg)	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
Age Group	NAME		Club			1	2	3	1	2	3	SN	JERK			
Under 17's	Nia	GOODWAY	Llanelli Weightlifting Academy	82 kg	W53	34	36	38	45	47	49	38	49	87	134.75	2
Under 17's	Bethan	HARRY	Unattached	134 kg	W53	62	65	-67	77	80	-83	65	80	145	216.38	1
Under 17's	Emily	HATFIELD	Llanelli Weightlifting Academy	70 kg	W58	33	35	-37	42	-45	-46	35	42	77	109.46	2
Under 17's	Hazel	WILLIAMS	Strength Academy Wales (SAW)	106 kg	W58	44	47	50	57	60	63	50	63	113	158.03	1
Under 17's	Martha	CULL	Guardian 6 Weightlifting	81 kg	W69	35	-38	38	45	48	50	38	50	88	109.12	1
Under 17's	Lily	NICHOLLS	SSC Weightlifting	99 kg	W77+	46	-48	-48	55	58	-60	46	58	104	104.77	1
Under 20's	Isabella	JONES	New Wave Weightlifting	109 kg	W63	-52	54	56	56	58	61	56	61	117	155.19	1
Under 23's	Emma	BROOKS	Unattached	85 kg	W53	-37	38	41	-43	43	-46	41	43	84	123.96	1
Under 23's	Martha	RICHARDS	Codi Pwysau Caerdydd	86 kg	W69	39	41	-44	49	-52	52	41	52	93	117.05	1

Group 6 - Welsh Age Group Championships (Mens Under 20's - Under 23's M71 - M110+)

Group 6 - Welsh Age Group Championships (Mens Under 20's - Under 23's M71 - M110+)				Announced Total	Bodyweight Category (kg)	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
Age Group	NAME		Club			1	2	3	1	2	3	SN	JERK			
Under 20's	Bertie	SPIVEY	<i>Strength Academy Wales (SAW)</i>	225 kg	M94	90	95	100	115	120	125	100	125	225	269.15	2
Under 20's	Luke	FLETCHER	<i>Unattached</i>	266 kg	M94	120	123	125	145	145	145	123	145	268	319.27	1
Under 20's	Brychan	GILSON	<i>Llanelli Weightlifting Academy</i>	210 kg	M110+	94	97	100	113	113	117	97	117	214	228.52	1
Under 23's	Dimitar	KUZMANOV	<i>Unattached</i>	140 kg	M71	50	54	60	75	83	90	60	83	143	199.08	1
Under 23's	Joshua	SMITH	<i>Codi Pwysau Caerdydd</i>	230 kg	M88	102	106	110	123	128	131	110	131	241	296.43	1
Under 23's	Daniel	DAVIES	<i>Strength Academy Wales (SAW)</i>	251 kg	M88	111	111	115	*	*	*	115	0	X	#VALUE!	
Under 23's	Hamish	WINTON	<i>Codi Pwysau Caerdydd</i>	181 kg	M94	75	81	85	102	107	111	85	111	196	236.02	3
Under 23's	Henry	OSBOURNE	<i>Unattached</i>	185 kg	M94	70	74	80	105	110	117	80	117	197	235.66	2
Under 23's	Charles	TEMPEST	<i>Unattached</i>	220 kg	M94	104	108	112	122	126	129	112	129	241	286.59	1
Under 23's	Richard	TWITCHEN	<i>Unattached</i>	170 kg	M110	76	78	82	95	100	105	82	100	182	207.66	1