

Para Powerlifting Home Nations Open 2026 - Canolfan Brailsford, Bangor



Sunday 13th September - Scoresheet



Group 1 - Women's Lightweight

Group 1 - Para Powerlifting Home Nations Open (WOMENS LIGHTWEIGHT -61KG)				Announced Best Lift	Class	B/W	BENCH PRESS kg			BEST RESULT	pDots Score	Pos
LOT	NAME		Nation				1	2	3			
301	Freya	WOODHEAD	England	53 kg	-61 kg	46.7	60	64	68	64	61.54	4
449	Sara	JONES	Wales	60 kg	-61 kg	35.4	60	64	64	60	53.50	5
613	Lottie	McGUINNESS	England	110 kg	-61 kg	58.2	103	108	112	112	98.20	2
782	Olivia	BROOME	England	123 kg	-61 kg	54.6	115	120	122	120	107.56	1
871	Hannah	HARVEY	Wales	71 kg	-61 kg	46.1	72	72	74	72	67.19	3
921	Amelia	HALL	England	50 kg	-61 kg	35.8	42	45	48	48	49.10	6

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Group 2 - Men's Lightweight

Group 2 - Para Powerlifting Home Nations Open (MENS LIGHTWEIGHT -72KG)				Announced Best Lift	Class	B/W	BENCH PRESS kg			BEST RESULT	pDots Score	Pos
LOT	NAME		Nation				1	2	3			
276	Archie	MACEY	England	90 kg	-72 kg	43.7	95	99	103	103	76.25	4
432	Joshua	GRIST	Wales	155 kg	-72 kg	46.9	150	156	-161	156	132.70	2
582	Ethan	BACKHURST	England	100 kg	-72 kg	42.9	104	108	112	112	103.21	3
885	Finlay	DAVIDSON	Scotland	168 kg	-72 kg	46.4	151	157	164	164	137.04	1

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Group 3 - Women's Heavyweight

Group 3 - Para Powerlifting Home Nations Open (WOMENS HEAVYWEIGHT +61KG)				Announced Best Lift	Class	B/W	BENCH PRESS kg			BEST RESULT	pDots Score	Pos
LOT	NAME		Nation				1	2	3			
119	Doaa	SHAYEA	England	110 kg	+61 kg	85.6	104	109	111	109	92.13	2
372	Evelyn	THOMAS	Wales	83 kg	+61 kg	87.4	84	87	90	90	75.51	3
766	Louise	SUGDEN	England	133 kg	+61 kg	81.2	117	121	126	126	100.78	1

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Group 4 - Men's Heavyweight

Group 4 - Para Powerlifting Home Nations Open (MENS HEAVYWEIGHT +72KG)				Announced Best Lift	Class	B/W	BENCH PRESS kg			BEST RESULT	pDots Score	Pos
LOT	NAME		Nation				1	2	3			
286	Mark	SWAN	England	222 kg	+72 kg	77.5	185	195	205	205	140.82	1
488	John Reginald	CERTEZA	Wales	113 kg	+72 kg	76.5	120	125	131	131	88.00	3
517	Oscar	MOUSSIMA	England	150 kg	+72 kg	88.3	150	155	160	160	101.06	2