

Home Nations Open (autumn) 2026 - Canolfan Brailsford Sports Centre, Bangor

Saturday 12th September (Group 1)

Group 1

Group 1 - Home Nations Open (autumn)				Announced Total	Bodyweight Category (kg)	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
792	Nancy	SEAGER	New Wave Weightlifting	50 kg	N/A (under 12's)		-20	20	22	35	38	-40	22	38	60		
							0	4	4	8	4	0			40		1
219	Grace	GRIFFITHS	Strength Academy Wales (SAW)	87 kg	W57	56.45	-40	40	42	50	53	55	42	55	97	136.71	1
248	Becky	POWER	Unattached	75 kg	W86+	105.45	-30	30	34	38	42	-46	34	42	76	79.79	4
443	Sue	OSBOURNE	New Wave Weightlifting	70 kg	W86+	91.4	26	29	-32	36	39	-41	29	39	68	74.59	6
532	Ava	PLACE	Evolve Weightlifting Club	71 kg	W56	54.8	27	30	33	44	-47	-47	33	44	77	110.79	3
813	Elsa	HARDY	Strength Academy Wales (SAW)	62 kg	W49	45.9	25	28	30	36	38	40	30	40	70	115.35	5
991	Martha	CULL	Guardian 6 Weightlifting (G6W)	88 kg	W69	69	37	-39	-39	48	51	-53	37	51	88	109.59	2

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Saturday 12th September (Group 2)



Group 2

Group 2 - Home Nations Open (autumn)				Announced Total	Bodyweight Category (kg)	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
790	Dylan	HARRIES	Strength Academy Wales (SAW)	43 kg	N/A (under 12's)		15	18	20	23	26	29	20	29	49		
							4	4	4	8	8	7			70		1
198	Sion	COLEMAN	Evolve Weightlifting Club	168 kg	M60	57.95	66	70	74	82	86	90	74	90	164	258.94	5
329	Zach	JONES	New Wave Weightlifting	72 kg	M60	54.3	32	35	37	47	50	53	35	53	88	146.15	7
461	Matt	MORGAN	Unattached	165 kg	M75	73.85	70	70	75	90	90	93	75	90	165	220.86	4
482	Charlie	ELLIS-PERRY	Diamond Weightlifting	126 kg	M60	55.85	59	61	64	70	70	73	64	73	137	222.54	6
555	Dan	JONES	Bangor University Weightlifting Club	190 kg	M75	72.6	80	83	86	110	113	117	83	117	200	270.51	2
763	Ryan	DAVIES	Unattached	200 kg	M85	84.15	88	92	95	110	110	114	95	114	209	259.89	1
914	Evan	WILLIAMS	Bangor University Weightlifting Club	175 kg	M70	68.15	80	83	86	102	102	102	83	102	185	260.49	3

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Saturday 12th September (Group 3)

Group 3

Group 3 - Home Nations Open (autumn)				Announced Total	Bodyweight Category (kg)	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
349	Hazel	WILLIAMS	Strength Academy Wales (SAW)	114 kg	W61	58	45	48	51	60	63	65	48	65	113	156.38	5
417	Anni	WILLIAMS	Evolve Weightlifting Club	94 kg	W69	63.65	38	41	44	52	55	55	41	55	96	125.24	8
454	Esmee	WILLIAMS	New Wave Weightlifting	102 kg	W77	75.2	42	42	44	53	60	63	42	60	102	121.49	7
555	Poppy	JAMES	Evolve Weightlifting Club	123 kg	W69	69.95	51	51	55	68	71	72	55	72	127	156.99	3
615	Halle	OKEEFFE	Unattached	105 kg	W69	62.5	43	45	48	55	58	62	48	58	106	139.83	6
616	Ashleigh	SPERRY	Unattached	118 kg	W69	62.35	49	51	53	63	65	68	53	65	118	155.89	4
667	Victoria	REES	Guardian 6 Weightlifting (GGW)	100 kg	W86	84.65	42	44	44	50	53	53	42	53	95	107.30	11
718	Sally	GARDNER	Guardian 6 Weightlifting (GGW)	94 kg	W86	83.25	41	43	44	51	51	51	44	51	95	108.04	10
803	Camryn	CARTER	Unattached	124 kg	W77	74.5	55	55	57	67	69	70	57	70	127	151.96	2
901	Iris	HUGHES	Bangor University Weightlifting Club	100 kg	W61	67.4	35	38	41	55	57	60	38	57	95	119.86	9
492	Bethan	HARRY	Unattached	145 kg	W57	55.35	60	63	66	80	80	80	66	80	146	208.59	1

Home Nations Open (autumn) 2026 - Canolfan Brailsford Sports Centre, Bangor

Saturday 12th September (Group 4)

Group 4

Group 4 - Home Nations Open (autumn)				Announced Total	Bodyweight Category (kg)	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
108	Guto	HUGHES	Bangor University Weightlifting Club	260 kg	M110	102.45	105	110	110	135	135	140	110	140	250	283.90	5
193	Jac	GREEN	Bangor University Weightlifting Club	230 kg	M85	78.2	100	105	110	122	127	127	105	122	227	293.81	7
448	Alvaro	JIMENEZ CANO	Indarra Weightlifting Club (Basque)	279 kg	M95	92.85	115	120	125	148	154	160	120	154	274	324.61	2
472	Imanol	RODRIGUEZ	Zaraute KE (Basque)	247 kg	M85	79.9	95	100	105	132	137	142	100	137	237	303.06	6
482	Cian	GREEN	Bangor University Weightlifting Club	230 kg	M85	78.05	105	110	110	✖	✖	✖	105	0	x	#VALUE!	
761	Harry	NELMS	Unattached	270 kg	M110	103.7	120	125	130	157	163	170	130	163	293	331.14	1
873	Benjamin	SIMMONS	Unattached	237 kg	M85	83.3	95	102	104	122	130	136	95	130	225	281.29	8
889	Daniel	DAVIES	Strength Academy Wales (SAW)	254 kg	M85	82.4	112	116	116	139	139	139	112	139	251	315.61	4
988	Luke	Fletcher	Unattached	268 kg	M95	94.1	115	120	125	138	143	146	125	138	263	309.68	3

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Saturday 12th September (Group 5)

Group 5

Group 5 - Home Nations Open (autumn)				Announced Total	Bodyweight Category (kg)	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
444	Georgia	ROBERTS	<i>Unattached</i>	130 kg	W53	50.45	-52	52	55	73	77	80	55	80	135	206.38	8
499	Miren	GALARRAGA	<i>Zaraute KE (Basque)</i>	178 kg	W77	74.7	71	74	77	95	100	103	77	103	180	215.09	2
562	Bethan	WATKINS	<i>Guardian 6 Weightlifting (GGW)</i>	187 kg	W69	65.4	78	80	83	103	106	-110	83	106	189	242.63	1
619	Annie	CLAY	<i>Unattached</i>	145 kg	W69	68.45	67	70	-72	80	83	85	70	85	155	193.89	3
716	Izaro	PEREZ	<i>Indarra Weightlifting Club (Basque)</i>	145 kg	W61	60.55	60	-63	63	80	-83	-84	63	80	143	192.42	4
747	Kiani	GELDARD	<i>New Wave Weightlifting</i>	136 kg	W69	64.05	59	-61	-61	73	76	-80	59	76	135	175.46	7
761	Rachel	GREASLEY	<i>Bangor University Weightlifting Club</i>	150 kg	W86+	84	-67	-67	-68	-76	-77	77	-67	77	X	#VALUE!	
813	Celyn	MILLERSHIP	<i>Strength Academy Wales (SAW)</i>	138 kg	W69	68.05	58	61	-65	77	-80	-80	61	77	138	173.18	6
984	Taylor	ADDICOTT	<i>Unattached</i>	145 kg	W86+	119.55	55	59	-63	75	80	-85	59	80	139	142.04	5