

Saturday 12th September (Group 1)

Group 1

Group 1 - Home Nations Open (autumn)				Announced Total	Bodyweight Category (kg)	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
792	Nancy	SEAGER	New Wave Weightlifting	50 kg	N/A (under 12's)		-20	20	22	35	38	-40	22	38	60		
							0	4	4	8	4	0			40		1
219	Grace	GRIFFITHS	Strength Academy Wales (SAW)	87 kg	W57	56.45	-40	40	42	50	53	55	42	55	97	136.71	1
248	Becky	POWER	Unattached	75 kg	W86+	105.45	-30	30	34	38	42	-46	34	42	76	79.79	
443	Sue	OSBOURNE	New Wave Weightlifting	70 kg	W86+	91.4	26	29	-32	36	39	-41	29	39	68	74.59	
532	Ava	PLACE	Evolve Weightlifting Club	71 kg	W56	54.8	27	30	33	44	-47	-47	33	44	77	110.79	3
813	Elsa	HARDY	Strength Academy Wales (SAW)	62 kg	W49	45.9	25	28	30	36	38	40	30	40	70	115.35	
991	Martha	CULL	Guardian 6 Weightlifting (G6W)	88 kg	W69	69	37	-39	-39	48	51	-53	37	51	88	109.59	2

Home Nations Open (autumn) 2026 - Canolfan Brailsford Sports Centre, Bangor

Saturday 12th September (Group 2)



Group 2

Group 2 - Home Nations Open (autumn)				Announced Total	Bodyweight Category (kg)	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
790	Dylan	HARRIES	Strength Academy Wales (SAW)	43 kg	N/A (under 12's)		15	18	20	23	26	29	20	29	49		
							4	4	4	8	8	7			70		1
198	Sion	COLEMAN	Evolve Weightlifting Club	168 kg	M60	57.95	66	70	74	82	86	90	74	90	164	258.94	5
329	Zach	JONES	New Wave Weightlifting	72 kg	M60	54.3	32	35	37	47	50	53	35	53	88	146.15	6
461	Matt	MORGAN	Unattached	165 kg	M75	73.85	70	70	75	90	90	93	75	90	165	220.86	4
482	Charlie	ELLIS-PERRY	Diamond Weightlifting	126 kg	M60	55.85	59	61	64	70	70	73	64	73	137	222.54	5
555	Dan	JONES	Bangor University Weightlifting Club	190 kg	M75	72.6	80	83	86	110	113	117	83	117	200	270.51	2
763	Ryan	DAVIES	Unattached	200 kg	M85	84.15	88	92	95	110	110	114	95	114	209	259.89	1
914	Evan	WILLIAMS	Bangor University Weightlifting Club	175 kg	M70	68.15	80	83	86	102	102	102	83	102	185	260.49	3

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Saturday 12th September (Group 3)

Group 3

Group 3 - Home Nations Open (autumn)				Announced Total	Bodyweight Category (kg)	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
349	Hazel	WILLIAMS	<i>Strength Academy Wales (SAW)</i>	114 kg	W61	58	45	48	51	60	63	65	48	65	113	156.38	5
417	Anni	WILLIAMS	<i>Evolve Weightlifting Club</i>	94 kg	W69	63.65	38	41	44	52	55	55	41	55	96	125.24	7
454	Esmee	WILLIAMS	<i>New Wave Weightlifting</i>	102 kg	W77	75.2	42	42	44	53	60	63	42	60	102	121.49	6
555	Poppy	JAMES	<i>Evolve Weightlifting Club</i>	123 kg	W69	69.95	51	51	55	68	71	72	55	72	127	156.99	3
615	Halle	OKEEFFE	<i>Unattached</i>	105 kg	W69	62.5	43	45	48	55	58	62	48	58	106	139.83	5
616	Ashleigh	SPERRY	<i>Unattached</i>	118 kg	W69	62.35	49	51	53	63	65	68	53	65	118	155.89	4
667	Victoria	REES	<i>Guardian 6 Weightlifting (GGW)</i>	100 kg	W86	84.65	42	44	44	50	53	53	42	53	95	107.30	10
718	Sally	GARDNER	<i>Guardian 6 Weightlifting (GGW)</i>	94 kg	W86	83.25	41	43	44	51	51	51	44	51	95	108.04	9
803	Camryn	CARTER	<i>Unattached</i>	124 kg	W77	74.5	55	55	57	67	69	70	57	70	127	151.96	2
901	Iris	HUGHES	<i>Bangor University Weightlifting Club</i>	100 kg	W61	67.4	35	38	41	55	57	60	38	57	95	119.86	8
492	Bethan	HARRY	<i>Unattached</i>	145 kg	W57	55.35	60	63	66	80	80	80	66	80	146	208.59	1

Home Nations Open (autumn) 2026 - Canolfan Brailsford Sports Centre, Bangor

Saturday 12th September (Group 4)

Group 4

Group 4 - Home Nations Open (autumn)				Announced Total	Bodyweight Category (kg)	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
108	Guto	HUGHES	Bangor University Weightlifting Club	260 kg	M110	102.45	105	110	110	135	135	140	110	140	250	283.90	5
193	Jac	GREEN	Bangor University Weightlifting Club	230 kg	M85	78.2	100	105	110	122	127	127	105	122	227	293.81	7
448	Alvaro	JIMENEZ CANO	Indarra Weightlifting Club (Basque)	279 kg	M95	92.85	115	120	125	148	154	160	120	154	274	324.61	2
472	Imanol	RODRIGUEZ	Zaraute KE (Basque)	247 kg	M85	79.9	95	100	105	132	137	142	100	137	237	303.06	6
482	Cian	GREEN	Bangor University Weightlifting Club	230 kg	M85	78.05	105	110	110	✖	✖	✖	105	0	x	#VALUE!	
761	Harry	NELMS	Unattached	270 kg	M110	103.7	120	125	130	157	163	170	130	163	293	331.14	1
873	Benjamin	SIMMONS	Unattached	237 kg	M85	83.3	95	102	104	122	130	136	95	130	225	281.29	7
889	Daniel	DAVIES	Strength Academy Wales (SAW)	254 kg	M85	82.4	112	116	116	139	139	139	112	139	251	315.61	4
988	Luke	Fletcher	Unattached	268 kg	M95	94.1	115	120	125	138	143	146	125	138	263	309.68	3

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Saturday 12th September (Group 5)

Group 5

Group 5 - Home Nations Open (autumn)				Announced Total	Bodyweight Category (kg)	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
444	Georgia	ROBERTS	<i>Unattached</i>	130 kg	W53	50.45	-52	52	55	73	77	80	55	80	135	206.38	8
499	Miren	GALARRAGA	<i>Zaraute KE (Basque)</i>	178 kg	W77	74.7	71	74	77	95	100	103	77	103	180	215.09	2
562	Bethan	WATKINS	<i>Guardian 6 Weightlifting (GGW)</i>	187 kg	W69	65.4	78	80	83	103	106	-110	83	106	189	242.63	1
619	Annie	CLAY	<i>Unattached</i>	145 kg	W69	68.45	67	70	-72	80	83	85	70	85	155	193.89	3
716	Izaro	PEREZ	<i>Indarra Weightlifting Club (Basque)</i>	145 kg	W61	60.55	60	-63	63	80	-83	-84	63	80	143	192.42	4
747	Kiani	GELDARD	<i>New Wave Weightlifting</i>	136 kg	W69	64.05	59	-61	-61	73	76	-80	59	76	135	175.46	7
761	Rachel	GREASLEY	<i>Bangor University Weightlifting Club</i>	150 kg	W86+	84	-67	-67	-68	-76	-77	77	-67	77	X	#VALUE!	
813	Celyn	MILLERSHIP	<i>Strength Academy Wales (SAW)</i>	138 kg	W69	68.05	58	61	-65	77	-80	-80	61	77	138	173.18	6
984	Taylor	ADDICOTT	<i>Unattached</i>	145 kg	W86+	119.55	55	59	-63	75	80	-85	59	80	139	142.04	5