

Welsh Winter Open 2025 - Canolfan Brailsford Sports Centre, Bangor

Sunday 23rd November (Groups 1 - 4)

Group 1 - Welsh Winter Open (Youth Girls 53kg - 69+kg)

Group 1 - Welsh Winter Open (Youth Girls)				Announced Total	Bodyweight Category	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
651	Nancy	SEAGER	New Wave Weightlifting	20 kg	N/A (under 12's)		12	13	14	18	20	21	14	21	35		
							4	4	4	8	8	8			36		2
297	Hattie	LAWTON-JONES	Liftology Weightlifting Club	64 kg	N/A (under 12's)		24	26	28	36	38	40	28	40	68		
							4	4	3	8	7	7			33		1
732	Noami	BURTON	Diamond Weightlifting	104 kg	W53		-48	-48	48	58	60	-63	48	60	108	165.11	2
529	Bethan	HARRY	Club 646 Weightlifting	128 kg	W53		60	63	-65	73	77	-80	63	77	140	195.09	1
563	Hazel	WILLIAMS	Strength Academy Wales (SAW)	101 kg	W58		43	45	47	56	59	-62	47	59	106	149.31	1
439	Iris	HUGHES	Bangor University Weightlifting Club	75 kg	W63		27	29	31	37	40	44	31	44	75	99.98	2
498	Isabella	JONES	New Wave Weightlifting	109 kg	W63		48	-50	50	-56	56	-60	50	56	106	139.97	1
548	Martha	CULL	Guardian 6 Weightlifting	75 kg	W69		31	34	36	39	42	45	36	45	81	101.94	1
329	Esmee	WILLIAMS	New Wave Weightlifting	85 kg	W69+		-40	40	-43	50	54	57	40	57	97	115.87	3
384	Della	PEMBERTON	Diamond Weightlifting	123 kg	W69+		-54	54	57	64	68	70	57	70	127	132.43	2
618	Izzabelle	DEAKIN	Diamond Weightlifting	141 kg	W69+		60	63	-66	76	-79	80	63	80	143	163.43	1

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Group 2 - Welsh Autumn Open (Youth Boys M52 kg - M88 kg)

Group 2 - Welsh Autumn Open (Youth Boys)				Announced Total	Bodyweight Category	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
451	Calvin	TIDSWELL	New Wave Weightlifting	38 kg	N/A (under 12's)		15	17	17	18	20	23	15	23	38		1
							4	1	1	8	8	7	67		29		
116	Zach	JONES	New Wave Weightlifting	72 kg	M52		27	30	32	40	42	44	30	44	74	140.56	1
399	Charlie	ELLIS-PERRY	Diamond Weightlifting	120 kg	M56		53	55	57	63	66	68	57	68	125	215.71	1
699	Evan	WILLIAMS	Bangor University Weightlifting Club	158 kg	M60		67	68	71	87	90	92	71	92	163	253.43	1
658	Iwan	PEMBERTON	Diamond Weightlifting	153 kg	M71		64	68	71	88	91	95	71	95	166	234.76	1
529	Connor	SMITH	Diamond Weightlifting	20 kg	M78		45	47	51	56	60	64	47	60	107	140.85	1
792	Calvin	SIN	Unattached	190kg	M88		80	85	91	95	100	110	91	100	191	242.90	1

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Group 3 - Welsh Winter Open (Women's 53kg - W86+)

Group 3 - Welsh Winter Open (W53 - W86+)				Announced Total	Bodyweight Category	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
386	Emma	BROOKS	UNATTACHED	86 kg	W53	53	34	37	-40	-42	42	44	37	44	81	119.36	1
539	Daisy	PLEWS	HAWFC	80 kg	W58	57.8	28	-32	32	38	41	-44	32	41	73	101.25	1
184	Ashleigh	SPERRY	HAWFC	110 kg	W63	61.75	48	50	52	64	-66	66	52	66	118	156.83	1
213	Meg	GWYTHYR	SA1 Weightlifting	147 kg	W69	66.75	60	63	-66	-82	82	86	63	86	149	189.03	1
588	Georgia	KNOWLES	Guardian 6 Weightlifting	99 kg	W77	76.05	45	48	51	53	55	-58	51	55	106	125.57	2
406	Camryn	CARTER	Atlas Weightlifting Centre	105 kg	W77	73.9	50	52	53	60	63	65	53	65	118	141.76	1
376	Sally	GARDNER	Guardian 6 Weightlifting	20 kg	W86	81.1	-38	38	41	43	46	50	41	50	91	104.66	3
542	Ellie	DAVIES	Guardian 6 Weightlifting	108 kg	W86	85.95	46	49	-51	58	61	-64	49	61	110	123.48	2
879	Rachel	TAYLOR	UNATTACHED	128 kg	W86	84.95	53	56	58	70	-74	74	58	74	132	148.88	1
593	Victoria	REES	Guardian 6 Weightlifting	20 kg	W86+	92.15	35	-38	38	40	44	47	38	47	85	92.97	2
761	Sue	OSBOURNE	New Wave Weightlifting	65 kg	W86+	94.75	28	31	32	32	35	37	32	37	69	74.76	3
655	Ellen	WELLER	North Tyneside Barbell Weightlifting Club	125 kg	W86+	96.95	53	-55	55	65	68	71	55	71	126	135.50	1

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Group 4 - Welsh Winter Open (Men's 79kg - 110+kg)

Group 4 - Welsh Winter Open (M79 - M110+)				Announced Total	Bodyweight Category	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
639	Lloyd	GRIFFITH	New Wave Weightlifting	180 kg	M79	76	-80	81	84	100	105	107	84	107	191	251.33	2
762	Ashley	JONES	New Wave Weightlifting	225 kg	M79	75.1	90	95	100	120	125	-128	100	125	225	298.15	1
285	Jordan	BURNS	UNATTACHED	220 kg	M88	84.2	-100	100	-105	-120	-120	120	100	120	220	273.49	1
397	Tom	BENNETT	New Wave Weightlifting	175 kg	M94	93.4	75	*	*	95	98	-100	75	98	173	204.40	2
689	Edward	SMALE	Atlas Weightlifting Centre	311 kg	M94	91.35	131	136	140	160	165	-170	140	165	305	364.09	1
733	Rhys	TAPLIN	UNATTACHED	215 kg	M110+	123.9	-92	92	-95	103	*	*	92	103	195	207.58	1