

Welsh Senior Championships 2025 - Canolfan Brailsford Sports Centre, Bangor

Saturday 22nd November (Groups 1 - 6)

Group 1 - Welsh Senior Championships (Women's 48kg - 63kg)

Group 1 - Welsh Senior Championships (W48 - W63)				Announced Total	Bodyweight Category	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
1 7 8	Esther	GIMBLETT	Llanelli Weightlifting Academy	114 kg	W48	47.55	52	54	56	65	68	70	56	70	126	201.75	1
4 2 2	Georgia	ROBERTS	UNATTACHED	130 kg	W53	49.15	50	53	56	65	70	75	56	70	126	196.54	GUEST
3 1 9	Millie	LERWILL	Guardian 6 Weightlifting	125 kg	W58	54.7	56	59	60	68	72	74	60	72	132	190.16	4
2 8 7	Tegan	CROWLE	UNATTACHED	160 kg	W58	58	70	73	73	90	90	94	73	94	167	231.10	3
5 4 6	Catrin	JONES	UNATTACHED	170 kg	W58	57.95	71	74	76	97	100	102	76	100	176	243.70	2
7 3 7	Catrin Haf	JONES	Bangor University Weightlifting Club	186 kg	W58	58	82	84	85	103	106	108	82	108	190	262.93	1
6 5 1	Kiani	GELDARD	New Wave Weightlifting	133 kg	W63	61.75	56	58	60	71	74	76	60	76	136	180.75	6
9 2 7	Sara	RUDD	UNATTACHED	134 kg	W63	61.9	60	62	64	75	78	80	64	78	142	188.44	4
2 3 1	Lindsay	ATKINSON	Club 646 Weightlifting	142 kg	W63	60.1	60	63	63	75	77	81	60	77	137	185.23	5
8 7 8	Janine	DOVEY	UNATTACHED	165 kg	W63	62.85	67	69	71	83	86	87	71	87	158	207.71	3
4 3 8	Charlotte	WHALLEY	Resilience Weightlifting	170 kg	W63	62.4	78	81	83	98	98	101	83	98	181	239.00	2
9 0 4	Bethan	WATKINS	Guardian 6 Weightlifting	180 kg	W63	63	80	83	85	100	104	104	83	104	187	245.48	1

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Group 2 - Welsh Senior Championships (Men's 60kg - 79kg)

Group 2 - Welsh Senior Championships (M60 - M79)				Announced Total	Bodyweight Category	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
270	Noah	ELLSON	HAWFC	179 kg	M60	58.6	80	84	88	104	109	113	84	113	197	308.44	1
497	Thomas	DUGGAN	SSC Weightlifting	182 kg	M60	55.1	82	86	89	104	107	110	89	107	196	321.77	2
658	Llewellyn	WAITS	UNATTACHED	207 kg	M65	64.4	93	96	100	120	124	124	96	120	216	315.95	1
399	Garin	BEAMS	UNATTACHED	226 kg	M65	64.6	97	100	101	123	123	123	101	X	X	#VALUE!	
658	Michael	FARMER	UNATTACHED	240 kg	M71	70.65	100	110	120	120	✖	✖	120	120	240	330.18	1
981	Lewis	HODGSON	UNATTACHED	208 kg	M79	77.45	90	95	95	120	120	125	90	120	210	273.31	3
391	Jac	GREEN	Bangor University Weightlifting Club	219 kg	M79	78.2	93	95	100	118	123	130	95	130	225	291.22	2
904	Cian	GREEN	UNATTACHED	249 kg	M79	77.45	106	110	110	125	129	133	110	133	243	316.26	1

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Group 3 - Welsh Senior Championships (Women's 69kg)

Group 3 - Welsh Senior Championships (W69)				Announced Total	Bodyweight Category	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
5 5 0	Chase	CLARK	UNATTACHED	165 kg	W69	68.5	75	78	80	94	98	101	75	98	173	216.31	5
4 2 1	Jess	WHEELER	Ronin Barbell Weightlifting Club	170 kg	W69	68.75	74	78	81	93	95	99	78	95	173	215.88	4
4 7 0	Isla	TRAVERS	Resilience Weightlifting	171 kg	W69	68.95	74	77	80	94	97	100	77	97	174	216.78	3
5 8 9	Jo	McEWAN	UNATTACHED	181 kg	W69	68.55	78	81	83	96	100	102	81	102	183	228.73	1
6 1 5	Megan	DIXON	SSC Weightlifting	186 kg	W69	68.75	76	79	79	98	98	101	76	101	177	220.87	2

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Group 4 - Welsh Senior Championships (Para Powerlifting)

LOT	NAME		Club	Rack Height	Announced Total	Bodyweight Category	B/W	BENCH kg			BEST	AH COEFFICIENT	POS
								1	2	3			
6 2 1	Evelyn	THOMAS	SAW - Strength Academy Wales	12	75 kg	W67		70	73	76	73		

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Group 5 - Welsh Senior Championships (Men's 88kg - 110+kg)

Group 5 - Welsh Senior Championships (M88 - M110+)				Announced Total	Bodyweight Category	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
276	Jamie	BRINE	UNATTACHED	226 kg	M88	84.95	95	100	102	128	132	132	102	132	234	289.55	4
572	Daniel	DAVIES	Strength Academy Wales (SAW)	251 kg	M88	84.2	100	105	110	131	136	145	105	136	241	299.59	3
806	Edward	GIBSON	Royal Navy Weightlifting	258 kg	M88	84.3	111	115	116	143	148	152	111	148	259	321.77	2
993	Oliver	EBENEZER	UNATTACHED	273 kg	M88	85.8	115	118	120	145	149	155	120	149	269	331.16	1
801	Leon	BRADY	UNATTACHED	241 kg	M94	92.05	105	111	115	127	134	137	105	127	232	275.96	4
632	Josiah	KWOK	UNATTACHED	245 kg	M94	92.3	103	105	105	128	134	138	105	138	243	288.68	3
684	Theo	MORRIS	UNATTACHED	256 kg	M94	91.9	115	120	125	144	149	150	125	144	269	320.22	1
192	Luke	FLETCHER	Club 646 Weightlifting	266 kg	M94	90.9	113	116	116	140	140	144	116	144	260	311.10	2
886	Carwyn	JONES	UNATTACHED	248 kg	M110	96.4	109	117	121	130	136	140	109	136	245	285.40	2
214	James	WALES	Royal Navy Weightlifting	319 kg	M110	109.1	130	136	136	172	178	184	136	184	320	354.81	1
389	Louis	WESTON	UNATTACHED	296 kg	M110+	127.2	118	125	130	160	165	165	125	160	285	301.23	1

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Group 6 - Welsh Senior Championships (Women's 77kg - 86+kg)

Group 6 - Welsh Senior Championships (W77 - W86+)				Announced Total	Bodyweight Category	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
4 7 6	Lauren	HOLT	Llanelli Weightlifting Academy	146 kg	W77	72.05	60	61	61	86	86	86	60	86	0	0.00	
3 7 4	Penny	PEARSON	UNATTACHED	153 kg	W77	73.85	71	71	73	80	84	87	71	84	155	186.28	4
8 7 1	Emma	NASH	SSC Weightlifting	155 kg	W77	74.95	65	68	71	88	91	95	71	91	162	193.27	3
3 7 7	Danielle	BETHELL	SSC Weightlifting	158 kg	W77	71.85	67	70	73	80	83	✖	70	80	150	182.81	5
5 2 4	Sabrina	BUTLER	UNATTACHED	190 kg	W77	75.3	81	84	86	103	103	107	84	107	191	227.34	2
3 0 1	Laura	HUGHES	UNATTACHED	214 kg	W77	77	84	87	90	114	114	117	90	117	207	243.76	1
6 8 2	Niamh	COLLINS	Ronin Barbell Weightlifting Club	172 kg	W86	84.45	75	79	81	100	106	110	81	100	181	204.63	2
6 6 3	Nicola	STIDDARD	UNATTACHED	205 kg	W86	79	85	90	94	112	112	116	94	112	206	239.71	1
7 4 9	Grace	MORRIS	Strength Academy Wales (SAW)	178 kg	W86+	102.2	72	72	77	100	103	105	77	100	177	187.39	1