

### WELSH RECORDS MEN UNDER 15

<b>Weight Class</b>	<b>Name</b>	<b>Lift</b>	<b>Date of record</b>
49kg			
54kg			
59kg			
65kg			
72kg			
80kg			
88kg			
97kg			
107kg			
107+kg			

### WELSH RECORDS MEN UNDER 17

<b>Weight Class</b>	<b>Name</b>	<b>Lift</b>	<b>Date of record</b>
49kg	Joshua Grist	<b>150</b>	17.05.26
54kg	Harry Thomas	<b>53</b>	16.07.17
59kg			
65kg			
72kg			
80kg			
88kg			
97kg			
107kg			
107+kg			

### WELSH RECORDS MEN UNDER 20

<b>Weight Class</b>	<b>Name</b>	<b>Lift</b>	<b>Date of record</b>
49kg	Joshua Grist	<b>150</b>	17.05.26
54kg	Harry Thomas	<b>53</b>	16.07.17
59kg	Harry Thomas	<b>61</b>	29.12.17
65kg			
72kg			
80kg			
88kg			
97kg			
107kg			
107+kg			

### WELSH RECORDS MEN UNDER 23

<b>Weight Class</b>	<b>Name</b>	<b>Lift</b>	<b>Date of record</b>
49kg	Joshua Grist	<b>150</b>	17.05.26
54kg	Harry Thomas	<b>53</b>	16.07.17
59kg	Harry Thomas	<b>61</b>	29.12.17
65kg	Matthew Williams	<b>75</b>	14.10.18
72kg	Matthew Williams	<b>80</b>	02.03.19
80kg			
88kg			
97kg			
107kg			
107+kg			

### WELSH RECORDS MEN SENIOR

<b>Weight Class</b>	<b>Name</b>	<b>Lift</b>	<b>Date of record</b>
49kg	Joshua Grist	<b>150</b>	17.05.26
54kg	Harry Thomas	<b>53</b>	16.07.17
59kg	Harry Thomas	<b>61</b>	29.12.17
65kg	Shaun Stocker	<b>110</b>	16.07.17
72kg	Nathan Stephens	<b>141</b>	21.01.18
80kg	Nathan Stephens	<b>140</b>	29.12.17
88kg			
97kg			
107kg	Sean Gaffney	<b>172</b>	16.07.16
107+kg	Sean Gaffney	<b>180</b>	07.10.16