



## WELSH LIFTING RECORDS

### UNDER 20 - MALE

NAME	LIFT TYPE	RECORD	COMPETITION	DATE OF LIFT
<b>60 kg Category</b>				
Thomas DUGGAN	Snatch	96	British Championships, Telford	16th May 2026
Noah ELLSON	Clean and Jerk	116	Welsh Age Groups, Haverfordwest	21st February 2026
Thomas DUGGAN	Total	212	British Championships, Telford	16th May 2026
<b>65 kg Category</b>				
Welsh Standard	Snatch	114		
Welsh Standard	Clean and Jerk	142		
Welsh Standard	Total	253		
<b>71 kg Category</b>				
Welsh Standard	Snatch	115		
Welsh Standard	Clean and Jerk	141		
Welsh Standard	Total	256		
<b>79 kg Category</b>				
Welsh Standard	Snatch	115		
Welsh Standard	Clean and Jerk	143		
Welsh Standard	Total	258		
<b>88 kg Category</b>				
Welsh Standard	Snatch	121		
Welsh Standard	Clean and Jerk	153		
Welsh Standard	Total	272		
<b>94 kg Category</b>				
Luke Fletcher	Snatch	123	Welsh Age Groups, Haverfordwest	21st February 2026
Luke Fletcher	Clean and Jerk	145	British Age Group Championships, Oldbury	5th September 2025
Luke Fletcher	Total	268	Welsh Age Groups, Haverfordwest	21st February 2026
<b>110 kg Category</b>				
Welsh Standard	Snatch	141		
Welsh Standard	Clean and Jerk	180		
Welsh Standard	Total	321		
<b>110+ kg Category</b>				
Welsh Standard	Snatch	118		
Welsh Standard	Clean and Jerk	148		
Welsh Standard	Total	266		