



WELSH LIFTING RECORDS

UNDER 20 - MALE

NAME	LIFT TYPE	RECORD	COMPETITION	DATE OF LIFT
60 kg Category				
Noah ELLSON	Snatch	90	Welsh Age Groups, Haverfordwest	21st February 2026
Noah ELLSON	Clean and Jerk	116	Welsh Age Groups, Haverfordwest	21st February 2026
Noah ELLSON	Total	206	Welsh Age Groups, Haverfordwest	21st February 2026
65 kg Category				
Welsh Standard	Snatch	114		
Welsh Standard	Clean and Jerk	142		
Welsh Standard	Total	253		
71 kg Category				
Welsh Standard	Snatch	115		
Welsh Standard	Clean and Jerk	141		
Welsh Standard	Total	256		
79 kg Category				
Welsh Standard	Snatch	115		
Welsh Standard	Clean and Jerk	143		
Welsh Standard	Total	258		
88 kg Category				
Welsh Standard	Snatch	121		
Welsh Standard	Clean and Jerk	153		
Welsh Standard	Total	272		
94 kg Category				
Luke Fletcher	Snatch	123	Welsh Age Groups, Haverfordwest	21st February 2026
Luke Fletcher	Clean and Jerk	145	British Age Group Championships, Oldbury	5th September 2025
Luke Fletcher	Total	268	Welsh Age Groups, Haverfordwest	21st February 2026
110 kg Category				
Welsh Standard	Snatch	141		
Welsh Standard	Clean and Jerk	180		
Welsh Standard	Total	321		
110+ kg Category				
Welsh Standard	Snatch	118		
Welsh Standard	Clean and Jerk	148		
Welsh Standard	Total	266		