



WELSH LIFTING RECORDS

UNDER 17 - MALE

NAME	LIFT TYPE	RECORD	COMPETITION	DATE OF LIFT
56 kg Category				
Thomas DUGGAN	Snatch	89	Welsh Senior Championships, Bangor	22nd November 2025
Thomas DUGGAN	Clean and Jerk	110	European Union Cup, Malta	6th December 2025
Thomas DUGGAN	Total	198	European Union Cup, Malta	6th December 2025
60 kg Category				
Thomas DUGGAN	Snatch	96	British Championships, Telford	16th May 2026
Thomas DUGGAN	Clean and Jerk	116	British Championships, Telford	16th May 2026
Thomas DUGGAN	Total	212	British Championships, Telford	16th May 2026
65 kg Category				
Llewellyn WAITS	Snatch	96	Welsh Senior Championships, Bangor	22nd November 2025
Llewellyn WAITS	Clean and Jerk	122	Celtic Nations Championships, Glasgow	18th October 2025
Llewellyn WAITS	Total	216	Welsh Senior Championships, Bangor	22nd November 2025
71 kg Category				
Theo GRAHAM	Snatch	89	Welsh Autumn Open, Haverfordwest	13th September 2025
Welsh Standard	Clean and Jerk	118		
Welsh Standard	Total	207		
79 kg Category				
Welsh Standard	Snatch	102		
Jac GREEN	Clean and Jerk	130	Welsh Senior Championships, Bangor	22nd November 2025
Welsh Standard	Total	230		
88 kg Category				
Welsh Standard	Snatch	109		
Welsh Standard	Clean and Jerk	129		
Welsh Standard	Total	235		
94 kg Category				
Welsh Standard	Snatch	102		
Welsh Standard	Clean and Jerk	134		
Welsh Standard	Total	235		
94+ kg Category				
Welsh Standard	Snatch	111		
Welsh Standard	Clean and Jerk	147		
Welsh Standard	Total	255		