

## FEMALE OVERALL RANKINGS 2025 (top 25)

01/01/2025 - 11/12/2025

| Ranking | Full Name         | Age    | Category | Total (kg) | Sinclair      | Date of Lift  |
|---------|-------------------|--------|----------|------------|---------------|---------------|
| 1       | Catrin HAF JONES  | Senior | W58      | 190        | <b>262.93</b> | 22nd November |
| 2       | Madaline CONNELLY | U23    | W53      | 175        | <b>260.01</b> | 11th July     |
| 3       | Laura HUGHES      | Senior | W77      | 214        | <b>252.00</b> | 8th October   |
| 4       | Nikole ROBERTS    | U23    | W48      | 157        | <b>251.09</b> | 11th July     |
| 5       | Bethan WATKINS    | Senior | W63      | 187        | <b>245.48</b> | 22nd November |
| 6       | Charlotte WHALLEY | U23    | W63      | 183        | <b>244.26</b> | 24th August   |
| 7       | Catrin JONES      | Senior | W58      | 172        | <b>243.7</b>  | 22nd November |
| 8       | Nicola STIDDARD   | Senior | W77      | 205        | <b>242.2</b>  | 24th August   |
| 9       | Chloe HOOD        | Senior | W69      | 191        | <b>240.39</b> | 12th July     |
| 10      | Jo McEWAN         | Master | W69      | 181        | <b>235.35</b> | 15th March    |
| 11      | Megan DIXON       | Senior | W69      | 186        | <b>233.14</b> | 17th May      |
| 12      | Tegan CROWLE      | Senior | W58      | 167        | <b>231.1</b>  | 22nd November |
| 13      | Molly GREENWOOD   | Senior | W69      | 180        | <b>229.35</b> | 12th July     |
| 14      | Becki T           | Senior | W69      | 183        | <b>228.45</b> | 20th July     |
| 15      | Sabrina BUTLER    | Senior | W77      | 191        | <b>227.34</b> | 22nd November |
| 16      | Jessica WHEELER   | Senior | W69      | 179        | <b>223.46</b> | 16th March    |
| 17      | Sinead LENIHAN    | Senior | W59      | 145        | <b>219.53</b> | 5th April     |
| 18      | Jaine DOVEY       | Senior | W63      | 165        | <b>217.98</b> | 11th May      |
| 19      | Isla TRAVERS      | U20    | W69      | 174        | <b>216.78</b> | 22nd November |
| 20      | Chase CLARKE      | Senior | W69      | 173        | <b>216.31</b> | 22nd November |
| 21      | Hannah POWELL     | Senior | W48      | 133        | <b>214.41</b> | 10th May      |
| 22      | Niamh COLLINS     | U23    | W86      | 190        | <b>213.79</b> | 14th Sept     |
| 23      | Ella BEARD        | U20    | W86      | 187        | <b>212.88</b> | 14th June     |
| 24      | Emily BARON       | U23    | W58      | 149        | <b>210.98</b> | 22nd March    |
| 25      | Bethan HARRY      | U15    | W53      | 139        | <b>210.91</b> | 6th December  |