



Weightlifting Wales Nomination Policy

Commonwealth Games 2026 - Weightlifting

Glasgow, Scotland

Approved by the Board of Directors: pending

Amended: pending

Glasgow 2026 Commonwealth Games Weightlifting Selection Handbook

This selection policy has been agreed by Weightlifting Wales (WW) and Commonwealth Games Wales (CGW). It provides details of the process through which WW will nominate athletes for consideration to represent Team Wales in the Weightlifting event at the 2026 Commonwealth Games in Glasgow.

WW is responsible for nominating athletes to CGW for ratification and final selection. Nomination by WW does not guarantee selection, as CGW holds the final authority in determining the composition of Team Wales. Achievement of the qualification criteria outlined in this policy makes an athlete eligible for nomination, but does not guarantee nomination or selection.

All nominations made by WW will adhere to both the standards set out in this policy and the general selection criteria published by CGW, which should be read in conjunction with this document. WW reserves the right to make amendments to this policy under exceptional circumstances. Weightlifting Wales reserve the right to change or deviate from the policy in exceptional circumstances.

Nomination Policy Aim

Weightlifting Wales aims to nominate athletes who have the potential to achieve distinguished performances at the 2026 Commonwealth Games. Athletes nominated should be capable of achieving a top six (6) placement in their respective bodyweight category on the IWF Commonwealth Ranking List as of the end of the qualification period, 18 May 2026.

1. Nomination Criteria – Weightlifting

- a. To be eligible for nomination by Weightlifting Wales, athletes must have competed in at least two IWF-recognised sanctioned competitions during the qualification period of 1 June 2025 to 18 May 2026. One of these competitions must include participation in the specific bodyweight category the athlete is being nominated for.
- b. Where selected, athletes are expected to compete at the 2025 Commonwealth Weightlifting Senior Championships unless exemption has been granted by the Head Coach. Participation in other Key Events such as the British Championships (2025, 2026), and Welsh Championships (2025) is also recommended as part of building a robust performance profile.
- c. Athletes must achieve a top six (6) ranking in their category on the IWF Commonwealth Ranking List by close of the qualification period. This ranking will exclude Host CGA athletes and any first-place athlete from the 2025 Commonwealth Championships if already qualified.
- d. Weightlifting Wales may consider athletes ranked in the top 8 (eight) if they meet the remaining qualification criteria and have displayed clear potential for excellence at the 2030 Commonwealth Games and beyond.

- e. In addition to the ranking requirement, the selection panel may also consider athletes with long-term potential who have been allocated a quota slot or are eligible for a Bipartite Invitation. Such athletes must demonstrate that attending the 2026 Games will be a crucial step in their development towards future medal success.
- f. All athletes must be British passport holders and must be eligible to represent Wales under the CGF eligibility rules.
 - i. An athlete may be eligible if they were born in Wales;
 - ii. have a Welsh parent or grandparent;
 - iii. or have completed a minimum of three (3) years continuous residency in Wales.
- g. All athletes must be current members of Weightlifting Wales and:
 - i. Not be suspended or under current investigation.
 - ii. Not be in dispute with Weightlifting Wales or BWL.
- h. All nominated athletes must adhere to the CGW Code of Conduct at all times.
- i. All athletes must adhere to the WW Code of Conduct and have a signed WW Athlete Agreement in place.
- j. All athletes must be fully compliant with ADAMS and maintain their Whereabouts.
- k. CGW and WW reserve the right to apply additional standards above those outlined in the CGF Qualification System for quota allocation. Acceptance of quota positions by CGW is not automatic and will be subject to further review against CGW standards.
- l. CGW and Weightlifting Wales reserve the right to require standards over and above those set by CGF for Quota Sports.
- m. CGW is not obliged to accept places in the Games offered by the CGF for the Quota Sports. Any such acceptance will be solely at the discretion of CGW.
- n. The size of the Team will be capped by the Commonwealth Games Federation and CGW.
- o. In conjunction with the above, athletes must refer to the CGW overarching policy.

2. Nomination Process

- a. The timeline for the nomination and selection of Weightlifting and Para Powerlifting athletes for the 2026 Commonwealth Games is as follows :

18 May 2026	Final qualification event and close of the qualification period.
20 May 2026	CGF confirms the allocation of automatic and direct qualification slots to CGAs.
25 May 2026	The final IWF and IPC Commonwealth Ranking List is published.
29 May 2026	CGF notifies CGAs of Bipartite Invitation slots and IWF ranking list slots.

29 May 2026	Weightlifting Wales Nomination Panel meets to finalise athlete nominations and submits nominated athletes to Commonwealth Games Wales.
29 May 2026	Athletes are notified by WW of selection or non-selection decisions.
29 May - 2 June 2026	Appeals window open for CGW-level disputes (for nominated but non-selected athletes).
3 June 2026	CGW Appeals Panel hearings (if applicable).
4 June 2026	Final ratifications and updates to selection decisions.
5 June 2026	Deadline for entry confirmation to the Glasgow Organising Committee.
5 June 2026	Official joint announcement of selected athletes by CGW and NGBs.

- b. The Weightlifting Wales Nomination Panel will select athletes to be nominated to the CGW, in accordance with the nomination criteria detailed above for Weightlifting, with a quorum of 3 members.
- i. Nomination Panel:

Gareth Evans – Head Coach
Simon Roach – Chief Operating Officer
Joanne Calvino - Chair
Christian Pszyk – Performance & Pathway Manager
Ross Miller – Board Member
Sarah Jones – Board Member

3. De-nomination Criteria

- a. Weightlifting Wales reserves the right to withdraw any nominated athlete from consideration before final team selection by CGW under the following conditions:
- Failure to maintain minimum fitness and performance levels as determined by WW.
 - Breach of the CGW or WW Code of Conduct, including any behaviour deemed to bring the team into disrepute.
 - Loss of eligibility status (e.g., due to change in nationality, passport, or residency).
 - Injury or illness that renders the athlete unable to train or compete effectively.
 - Imposed restrictions due to quota limitations or CGF-directed reallocation.

4. Appeals Process

Athletes who are not nominated, or who are nominated and subsequently de-nominated by Weightlifting Wales, may submit an appeal. Appeals must be made in accordance with the WW Appeals Policy and will be reviewed by an independent panel.

Appeals Committee:

- Jonathan Roberts – Independent Member
- Ceri Wynne
- Yuk Lam

Appeals must be submitted within three (3) days of being notified of non-selection. Grounds for appeal may include:

- Failure to follow the nomination procedure correctly.
- Demonstrable bias or unfair discrimination in the nomination decision.
- Material facts not taken into account in the selection process.

Please note: An athlete may only appeal to CGW if they are nominated by WW but not selected by CGW. Non-nominated athletes cannot appeal directly to CGW.

5. Appointment of Team Staff

All Team Managers, Coaches, and Support Staff for the 2026 Commonwealth Games will be appointed by CGW. While nominations will be submitted by WW, the final decision and appointments rest solely with CGW. Team staff will be selected based on their expertise, contribution to athlete performance, and alignment with CGW's values and operational plans.

6. Athlete Allocation and Qualification Methods – Weightlifting

Weightlifting qualification slots for Glasgow 2026 will be awarded through the following pathways:

1. **Automatic Qualification (Host CGA):** The host country, Scotland, receives one slot per event.
2. **Direct Qualification:** The highest ranked athlete per event from the 2025 Commonwealth Weightlifting Senior Championships earns a slot.
3. **IWF Commonwealth Ranking List:** The top eight (8) athletes not otherwise qualified in each event, as of 18 May 2026.
4. **Bipartite Invitation:** One invitation slot per event, awarded at the discretion of CGF and IWF, based on fairness, field depth, and regional representation.

7. Medal Events

Men's Events: 60kg, 65kg, 71kg, 79kg, 88kg, 94kg, 110kg, +110kg

Women's Events: 48kg, 53kg, 58kg, 63kg, 69kg, 77kg, 86kg, +86kg

Each medal event will have a maximum field of 11 athletes.

8. Athlete Eligibility Criteria

To be eligible to represent Wales at the Commonwealth Games, athletes must:

- Hold a valid British passport.
- Satisfy the CGF Constitution nationality requirements through at least one of the following:
 - Born in Wales.
 - Have a Welsh parent or grandparent.
 - Have been resident in Wales for a continuous period of three (3) years prior to final entry deadline.
- If necessary, have received a dispensation from CGW for unique eligibility circumstances.

9. Anti-Doping Compliance

All athletes and team staff must comply with the World Anti-Doping Code and the UK Anti-Doping Policy. Athletes are expected to complete all CGW or UKAD anti-doping education prior to selection. Any Anti-Doping Rule Violation (ADRV) during the qualification period may result in a reduction of quota places or disqualification from selection.

10. Code of Conduct and Team Culture

Athletes and staff are expected to behave in a manner consistent with the WW and CGW Codes of Conduct, both in and out of competition. Any misconduct or behaviour that could damage the reputation of Team Wales or WW may result in nomination withdrawal or disciplinary action.

11. Compliance with CGW Requirements

All nominated athletes and staff must be familiar with and comply fully with:

- CGW Selection Handbook
- CGF Eligibility and Accreditation guidelines

- IWF or WPPO regulations as appropriate

12. Extenuating Circumstances

WW and CGW may exercise discretion in the event of exceptional circumstances such as major illness, injury, bereavement, or force majeure which may impact an athlete's ability to meet standard criteria. Documentation and independent verification may be required.

13. Confirmation and Acceptance of Slots

CGW will confirm with WW the allocation of qualification and invitation slots. WW must formally accept these slots and assign them to eligible athletes by the deadlines set by CGF. Failure to accept a slot may result in it being reallocated to another CGA.

14. Reallocation of Unused Slots

If WW is unable to use any qualification or invitation slot, CGF will reallocate the slot using the Commonwealth Ranking List or Bipartite Commission criteria, as per the official Qualification System.

15. Policy Review and Amendments

This nomination policy is subject to change in response to amendments made by CGF, IWF, WPPO, or CGW. Any such amendments will be communicated promptly by Weightlifting Wales. WW also reserves the right to revise or update this document in the event of unforeseen developments.

16. Final Provisions

All interpretations of this policy, including unforeseen scenarios not explicitly covered herein, will be made by the Weightlifting Wales Nomination Panel in consultation with CGW where appropriate. This policy is designed to support a fair, transparent, and performance-focused selection process, aligned with Team Wales' strategic goals for Glasgow 2026 and beyond.

Glasgow 2026 Commonwealth Games: 23 July – 02 August 2026

WEIGHTLIFTING – International Weightlifting Federation (IWF)

The information in this Qualification System is accurate as of **30 May 2025**. For the avoidance of doubt, the Commonwealth Games Federation ('CGF') and International Weightlifting Federation ('IWF') reserve the right to amend this Qualification System in any manner, at their absolute discretion, should they deem it necessary.

1 INTRODUCTION

The Weightlifting Qualification System consists of four (4) methods of qualification for the Glasgow 2026 Commonwealth Games ('G2026'):

1. Automatic Qualification – Host CGA
2. Direct Qualification – 2025 Commonwealth Weightlifting Senior Championships
3. IWF Commonwealth Ranking List (Ranking Period: 01 June 2025 – 18 May 2026)
4. Bipartite Invitation

2 MEDAL EVENTS & QUALIFICATION SLOTS

2.1 Weightlifting Medal Events

Women's Medal Events	Men's Medal Events
• 48kg	• 60kg
• 53kg	• 65kg
• 58kg	• 71kg
• 63kg	• 79kg
• 69kg	• 88kg
• 77kg	• 94kg
• 86kg	• 110kg
• +86kg	• +110kg

2.2 Weightlifting Qualification Slots

Women's Medal Events	Maximum Qualification Slots
• 48kg	• 11
• 53kg	• 11

• 58kg	• 11
• 63kg	• 11
• 69kg	• 11
• 77kg	• 11
• 86kg	• 11
• +86kg	• 11

Men's Medal Events	Maximum Qualification Slots
• 60kg	• 11
• 65kg	• 11
• 71kg	• 11
• 79kg	• 11
• 88kg	• 11
• 94kg	• 11
• 110kg	• 11
• +110kg	• 11

2.3 Total Qualification Slots for Weightlifting

	Automatic Qualification (Host CGA) (1 qualification slot per event)	Direct Qualification (1 qualification slot per event)	IWF Commonwealth Ranking List (8 qualification slots per event)	Bipartite Invitation (1 qualification slot per event)	Total (11 qualification slots per event)
Women	8	8	64	8	88
Men	8	8	64	8	88
Total	16	16	128	16	176

2.4 Maximum Number of Athletes per CGA per Event

Sport	Gender	Entries
Weightlifting	Women	1 athlete per event per CGA*
	Men	1 athlete per event per CGA*

*During the period of 01 June 2025 – 22 July 2026 the maximum number of athlete qualification slots allocated to a CGA will be reduced by one (1) if any weightlifting athlete and/or athlete support personnel (regardless of whether such athlete appears, or not, on the IWF Commonwealth Ranking List) from that CGA commits an anti-doping rule violation ('ADRV') sanctioned by the International Testing Agency (ITA) on behalf of the IWF or any other Anti-Doping Organisation.** If there are multiple ADRV's committed by weightlifting athletes and/or weightlifting athlete support personnel sanctioned during the period of 01 June 2025 – 22 July 2026 the maximum number of athlete qualification slots allocated to a CGA will be reduced by the same number as the number of ADRV's. For the sake of clarity, only those ADRVs committed from 01 June 2025 to 22 July 2026 and conclusively sanctioned in the same period shall be considered for potential reduction in quota under this provision.

Where a CGA's Qualification Slot(s) is reduced as a result of an ADRV or sanctions imposed by the Independent Panel in line with the IWF's Anti-Doping Rules, including under Article 12.3 of the IWF's Anti-Doping Rules, or any other Anti-Doping Organisation, the respective slot(s) may be reallocated in accordance with section 5 (Reallocation of Qualification Slots) against the timelines stipulated in Section 7 (Qualification Timeline) of this Qualification System.

**For the avoidance of doubt, the affiliation of athlete support personnel to a CGA shall be determined by the IWF.

3 QUALIFICATION PATHWAY

A CGA must be affiliated with the IWF to be eligible to qualify and participate in G2026. If a CGA is not eligible to affiliate with the IWF they will be required to obtain approval from the IWF to qualify and participate in G2026.

Athletes from all eligible CGAs will be selected to compete at G2026 in accordance with the following Qualification Pathway:

Qualification Method	Qualification Detail
1. Automatic Qualification Host CGA	The Host CGA (CGA SCO) shall be issued with one (1) Automatic Qualification Slot per medal event in accordance with the below: - Automatic Qualification Slots are issued to the Host CGA for allocation to eligible athletes in accordance with Section 6 (Athlete Eligibility) of this Qualification System and are binding to the medal event. - For the avoidance of doubt, this includes the mandatory requirement that athletes have competed in at least two (2) IWF Sanctioned Events eligible for IWF Commonwealth Rankings within the Ranking Period of 01 June 2025 – 18 May 2026.* In at least one (1) of these two (2) IWF Sanctioned Events, athletes must have competed in the specific medal event (bodyweight category) in which they are due to enter at G2026.

	*For the avoidance of doubt, to compete, is as defined in the IWF Technical and Competition Rules and Regulations.
2. Direct Qualification 2025 Commonwealth Weightlifting Senior Championships	The highest placed eligible Commonwealth athlete per medal event at the 2025 Commonwealth Weightlifting Senior Championships will be allocated a Direct Qualification Slot in accordance with the below: • Direct Qualification Slots are issued to the CGA in the name of a specific athlete and are binding to the medal event (bodyweight category) with which the athlete qualified within. • In accordance with Section 6 (Athlete Eligibility) of this Qualification System, athletes must compete in a minimum of two (2) IWF Sanctioned Events eligible for IWF Commonwealth Rankings within the Ranking Period. For the avoidance of doubt, to be allocated a Direct Qualification Slot athletes would be required to compete in at least one (1) more IWF Sanctioned event eligible for IWF Commonwealth Rankings within any medal event during the Ranking Period. • In the event that the 2025 Commonwealth Weightlifting Senior Championships are not held due to unforeseen or extenuating circumstances, Direct Qualification Slots will be issued in accordance with Section 5 (Reallocation of Qualification Slots) of this Qualification System.
3. IWF Commonwealth Ranking List Ranking Period: 01 June 2025 – 18 May 2026	The top eight (8) ranked eligible athletes per medal event from CGAs not otherwise qualified on the IWF Commonwealth Ranking List as at 23:59 UTC on 18 May 2026 will be allocated a Qualification Slot in accordance with the below: • Qualification Slots are issued to the CGA in the name of a specific athlete and are binding to the medal event with which the athlete qualified within. • CGAs will be eligible to qualify a maximum of one (1) athlete per medal event in Weightlifting, and the IWF Commonwealth Ranking List will be amended to reflect this maximum representation per medal event. • Athletes will be eligible to feature on the final IWF Commonwealth Ranking List for one (1) medal event (bodyweight category) only. CGAs with athletes ranked in multiple medal events must

	elect which individual medal event they wish their athlete to be ranked within and submit in writing to the CGF by no later than 25 May 2026 as outlined in Section 7 (Qualification Timeline) of this Qualification System. Failure to notify the CGF of the elected medal event by this deadline will result in the CGF selecting the medal event on behalf of the CGA firstly based upon the highest rank, and should the rank be equal it will be selected based upon their most recent result. • In the event the final Qualification Slot has been achieved by more than one athlete with the same result, the slot will be allocated to the athlete that achieved the result first by date and time (UTC). • In the case of Great Britain, Crown Dependencies and British Overseas Territories, results attained by British athletes at IWF Sanctioned Events eligible for IWF Commonwealth Rankings (i.e., competitions where athletes must compete for their IF affiliated organisation) shall be attributed to their eligible CGA for the purposes of the IWF Commonwealth Ranking List. In this case only, it is the responsibility of the respective CGAs (via the IWF member) to ensure the IWF has correctly captured the CGA for which the athlete will represent at the Commonwealth Games. • Only eligible athletes that have met the requirements outlined in Section 6 (Athlete Eligibility) of this Qualification System will feature on the IWF Commonwealth Ranking List. For the avoidance of doubt, this includes the mandatory requirement that athletes have competed within at least two (2) IWF Sanctioned Events eligible for IWF Commonwealth Rankings within the Ranking Period.
4. Bipartite Invitation IWF and CGF Bipartite Invitation	One (1) Bipartite Invitation slot per medal event will be issued to eligible athletes from CGAs not otherwise qualified within that respective medal event in accordance with the below: • Bipartite Invitation Slots are issued to the CGA in the name of a specific athlete and are binding to the medal event with which they are allocated. • Applications for Bipartite Invitation slots are to be submitted by the CGA to the CGF by 18 May 2026.

	- Only eligible athletes that have met the requirements outlined in Section 6 (Athlete Eligibility) of this Qualification System will be considered for the allocation of a Bipartite Invitation slot. For the avoidance of doubt, this includes the mandatory requirement that athletes have competed in at least two (2) IWF Sanctioned Events eligible for IWF Commonwealth Rankings within the Ranking Period. In at least one (1) of these two (2) IWF Sanctioned Events, athletes must have competed within the specific medal event (bodyweight category) in which they are requesting a Bipartite Invitation Slot for. The allocation of Bipartite Invitation Slots is made at the absolute discretion of the IWF and CGF. In making these decisions, the IWF and CGF will consider factors including but not limited to the following: - Regional representation - Depth of field and strength of competition - Demonstrated previous levels of performance commensurate to participation in the Commonwealth Games The allocation of Bipartite Invitation Slots shall be made by the CGF Director of Sport (or their appointed designate) and an IWF appointed representative ('The Bipartite Commission'). All decisions of the Bipartite Commission are final and shall not be subject to appeal.
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Results achieved by eligible athletes in the Ranking Period at the IWF Sanctioned Events listed in Annex one (1) of this Qualification System only will be recognised for the IWF Commonwealth Ranking List.

IWF has confirmed that the Home Nations (England, Wales, Scotland, Northern Ireland) the Crown Dependencies (Guernsey, Jersey and Isle of Man) and those British Overseas Territories (BOTs) whereby the jurisdiction lies with British Weightlifting can compete as independent entities at the 2025 Commonwealth Weightlifting Senior Championships, 2025 IWF World Senior Championships, 2026 Phillips & Springer Invitational, 2026 Pacific Rim International and the respective 2026 Continental Senior Championship for which the CGA is located as per the [IWF Continents](#).

The IWF has confirmed that British Weightlifting as a member of IWF has jurisdictional responsibility of all eligible athletes across the UK (i.e. Home Nations, Crown Dependencies and those BOTs whereby the jurisdiction lies with British Weightlifting). These responsibilities include the facilitation and enforcement of an athlete's acceptance and compliance under the international regulations (including eligibility and anti-doping regulations) stipulated by IWF and the standards executed by British Weightlifting.

Glasgow 2026 Commonwealth Games · 23 July – 02 August 2026

WEIGHTLIFTING – International Weightlifting Federation (IWF)

Version 3: 30.05.2025

Please consult the [IWF Calendar](#) for further details on the IWF Sanctioned Events recognised for the IWF Commonwealth Ranking List as listed in Annex one (1) of this Qualification System.

4 ALLOCATION OF QUALIFICATION SLOTS

4.1 Automatic Qualification Slot

The CGF will confirm in writing to the Host CGA (CGA SCO) by 20 May 2026 of the allocation of Automatic Qualification Slots. The Host CGA will then have seven (7) days to respond to the CGF to confirm acceptance of the allocated Automatic Qualification Slots in accordance with section 7 (Qualification Timeline) of this Qualification System.

4.2 Direct Qualification Slots

The CGF will confirm in writing to the respective CGAs by 20 May 2026 of the allocation of Direct Qualification Slots. The CGAs will then have seven (7) days to respond to the CGF to confirm acceptance of the allocated Direct Qualification Slots in accordance with section 7 (Qualification Timeline) of this Qualification System.

4.3 IWF Commonwealth Ranking list slots

The CGF will confirm in writing to the respective CGAs by 29 May 2026 of the Qualification Slots allocated via the IWF Commonwealth Ranking List. The CGAs will then have seven (7) days to respond to the CGF to confirm acceptance of the Qualification Slots in accordance with section 7 (Qualification Timeline) of this Qualification System.

The IWF Commonwealth Ranking List will be updated and published on the [IWF website](#) after each IWF Sanctioned Event eligible for IWF Commonwealth Rankings. The final IWF Commonwealth Ranking List will be published on the IWF website on 26 May 2026.

4.4 Bipartite Invitation Slots

The CGF will confirm in writing to the respective CGAs by 29 May 2026 of the allocation of Bipartite Invitation Slots. The CGAs will then have seven (7) days to respond to the CGF to confirm acceptance of the allocated Bipartite Invitation Slots in accordance with section 7 (Qualification Timeline) of this Qualification System.

5 REALLOCATION OF QUALIFICATION SLOTS

5.1 Automatic Qualification Slots

If an Automatic Qualification Slot(s) is declined by the Host CGA (CGA SCO), or if acceptance of the automatic Qualification Slot(s) is not received by the Confirmation of Acceptance Deadline, then the CGF will reallocate the Automatic Qualification Slot(s) via the IWF Commonwealth Ranking List to the next highest ranked eligible athlete not otherwise qualified from that medal event whilst respecting the maximum CGA representation per medal event.

5.2 Direct Qualification Slots

If a Direct Qualification Slot is declined by a CGA, or if acceptance of the Direct Qualification Slot is not received by the Confirmation of Acceptance Deadline, then the CGF will reallocate the Direct Qualification Slot via the IWF Commonwealth Ranking List to the next highest ranked eligible athlete not otherwise qualified from that medal event whilst respecting the maximum CGA representation per medal event.

5.3 IWF Commonwealth Ranking list slots

If a Qualification Slot via the IWF Commonwealth Ranking List is declined by a CGA, or if acceptance of the Qualification slot is not received by the Confirmation of Acceptance Deadline, then the CGF will reallocate the Qualification Slot in accordance with the Qualification Pathway to the next highest ranked eligible athlete not otherwise qualified from that medal event whilst respecting the maximum CGA representation per medal event.

5.4 Bipartite Invitation Slots

If a Bipartite Invitation Slot is declined by a CGA, or if acceptance of the Bipartite Invitation Slot is not received by the Confirmation of Acceptance Deadline, then the CGF will reallocate the Bipartite Invitation slot in accordance with the Qualification Pathway to the next eligible athlete with consideration for the Bipartite Invitation factors listed in section 3 (Qualification Pathway) of this Qualification System.

Where there are no further eligible Bipartite Invitation applicants, the remaining slots will be reallocated to the next highest ranked eligible athlete remaining on the IWF Commonwealth Ranking List, not otherwise qualified from that medal event whilst respecting the maximum CGA representation per medal event.

Where there are no eligible athletes remaining on the IWF Commonwealth Ranking List from the respective medal event(s), any remaining Qualification Slots may be reallocated at the absolute discretion of the CGF and IWF taking into account the eligibility criteria outlined in section 6 (Athlete Eligibility) of this Qualification System.

The CGF and IWF reserve the right not to reallocate a Qualification Slot, in the case that such reallocation may result in compromising the safety and integrity of the Weightlifting competition.

6 ATHLETE ELIGIBILITY

To be eligible to represent a CGA in the Weightlifting competition of G2026 an athlete must:

- Have competed in at least two (2) IWF Sanctioned Events eligible for IWF Commonwealth Rankings within the Ranking Period. In at least one (1) of these two (2) IWF Sanctioned Events, athletes must have competed within the specific medal event (bodyweight category) in which they are due to enter at G2026.

- Not currently be disqualified or suspended by the CGF, their CGA, IWF or under the World Anti-Doping Code;
- Have complied with all applicable rules and regulations of the CGF, IWF and the World Anti-Doping Code as may be modified and applied by the CGF to ensure that the overriding principles of the Commonwealth Games are observed;
- Have met the CGF's eligibility regulations in accordance with the CGF Constitution;
- Have complied with the minimum age regulations, as stipulated by the IWF (athletes must be born on or before 31 December 2011).

7 QUALIFICATION TIMELINE

Date	Milestones
01 June 2025	IWF Commonwealth ranking period commences
24 – 30 August 2025	2025 Commonwealth Weightlifting Senior Championships
18 May 2026	IWF Commonwealth ranking period closes
18 May 2026	CGA deadline to submit Bipartite Invitation applications to the CGF
20 May 2026	The preliminary IWF Commonwealth Ranking List is published on the IWF website. Athletes who received a Direct Qualification slot and Host CGA (SCO) athletes will be removed from this preliminary Ranking list
By 20 May 2026	CGF to issue Automatic and Direct Qualification Slots to CGAs
20 May 2026	CGAs with athlete(s) ranked within the top eight (8) in more than one (1) medal event (bodyweight category) in the IWF Commonwealth Ranking List, will be notified by the CGF and requested to select the one (1) medal event (bodyweight category) in which they wish their athlete(s) to be ranked within
25 May 2026	Deadline for CGAs with athlete(s) ranked within the top eight (8) in more than one (1) medal event (bodyweight category) in the IWF Commonwealth Ranking List to inform the CGF which one (1) medal event (bodyweight category) they wish their athlete(s) to be ranked within.
26 May 2026	The final IWF Commonwealth Ranking List is published on the IWF website

27 May 2026	Confirmation of Acceptance Deadline: CGAs to confirm acceptance of Automatic and Direct Qualification slots
By 29 May 2026	CGF to issue qualification slots via the IWF Commonwealth Ranking List and Bipartite Invitation slots to CGAs
By 29 May 2026	CGF to reallocate any returned Automatic and Direct Qualification Slots to CGAs
05 June 2026	Confirmation of Acceptance Deadline: CGAs to confirm acceptance of: - Qualification slots via the IWF Commonwealth Ranking List - Bipartite Invitation slots - Any reallocated Automatic Qualification Slots - Any reallocated Direct Qualification Slots
06 -19 June 2026	CGF to reallocate any returned Qualification slots to CGAs
23 June 2026	Glasgow 2026 Entry by Name Deadline
23 July – 02 August 2026	Glasgow 2026 Commonwealth Games

Annex 1: Glasgow 2026 Commonwealth Games - Weightlifting Qualification Events

Below are the IWF Sanctioned Events eligible for IWF Commonwealth Rankings. All details below are accurate at the date of issue of this Qualification System. Please consult the [IWF Calendar](#) regularly for further details on these Events, inclusive of updates to the final event dates for those that are currently listed as TBC.

IWF COMPETITIONS*

2025 IWF WORLD (SENIOR) CHAMPIONSHIPS* / 02-11 October 2025, Forde (NOR)

COMMONWEALTH CHAMPIONSHIPS* (Direct Qualification event)

2025 SENIOR/JUNIOR/YOUTH* / 24-30 August 2025, Ahmedabad (IND)

OPEN EVENTS*

2026 PHILLIPS & SPRINGER INVITATIONAL* / Date TBC 2026, Barbados

2026 PACIFIC RIM INTERNATIONAL* / 10-12 April 2026, Samoa

AFRICA

2025 AFRICA YOUTH/JUNIOR CHAMPIONSHIPS / 15-22 August 2025, Accra (GHA)

2026 AFRICA SENIOR CHAMPIONSHIPS* / Date TBC 2026, Yaoundé (CMR)

ASIA

2025 ASIAN YOUTH/JUNIOR CHAMPIONSHIPS / 01-07 July 2025, Astana (KAZ)

2026 ASIAN SENIOR CHAMPIONSHIPS* / Date TBC May 2026, (IND)

EUROPE

2025 EUROPE YOUTH CHAMPIONSHIPS / 23-30 July 2025, Madrid (ESP)

2025 EUROPE JUNIOR CHAMPIONSHIPS / 04-12 September 2025, Tirana (ALB)

2026 EUROPEAN SENIOR CHAMPIONSHIPS* / Date TBC April 2026, Batumi (GEO)

OCEANIA

2025 OCEANIA SENIOR CHAMPIONSHIPS / 01-05 July 2025, Palau

2026 OCEANIA SENIOR/JUNIOR/YOUTH CHAMPIONSHIPS* / 10-12 April 2026, Samoa

PAN-AMERICA

2025 PAN-AMERICAN SENIOR CHAMPIONSHIPS / 12-18 July 2025, Cali (COL)

2025 PAN-AMERICAN YOUTH CHAMPIONSHIPS / 10-15 November 2025, San Luis Potosi (MEX)

2026 PAN-AMERICAN SENIOR CHAMPIONSHIPS* / 05-10 May 2026, Caracas (VEN)

*IWF has confirmed that the Home Nations (England, Wales, Scotland, Northern Ireland) the Crown Dependencies (Guernsey, Jersey and Isle of Man) and those British Overseas Territories (BOTs) whereby the jurisdiction lies with British Weightlifting can compete as independent entities at the 2025 Commonwealth Weightlifting Senior Championships, 2025 IWF World Senior Championships, 2026 Phillips & Springer Invitational, 2026 Pacific Rim International and the respective 2026 Continental Senior Championship for which the CGA is located as per the [IWF Continents](#).

In accordance with Section 6 (Athlete Eligibility) of this Qualification System, to be eligible for a Weightlifting Qualification Slot to compete in G2026 athletes must have competed in at least two (2) IWF Sanctioned Events eligible for IWF Commonwealth Rankings (as listed above) within the Ranking Period. For the avoidance of doubt, to compete, is as defined in the IWF Technical and Competition Rules and Regulations.